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Soccer Without Borders

Uganda

Team Leader Information SWB Kampala

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Soccer Without Borders Uganda



SWB Kampala Team Leader INFORMATION PACKET

PURPOSE: To provide the necessary information to aid your decision to become an SWB Team Leader in the developing country of Uganda, while providing a platform for thoughtful reflection upon this decision in a larger context.

“If you have come to help me, you are wasting your time. But if you have come because your liberation is bound up with mine, then let us work together.” –Lila Watson

If you are considering this internship or other work in community development, you are most likely a service-oriented person. While this is undoubtedly needed, we are most interested in working with people that are not only willing to work on behalf of others, but that are also willing to think critically about what it means to ‘help’. Being a person from a relatively wealthy background working with people that are living in material poverty is a complicated endeavor, and one that requires skillful action, patience and openness. As a Team Leader, you must be willing to immerse yourself in the culture of Kampala, as immersion brings understanding, and understanding brings mutual trust. Only with trust and understanding can we work together with the community of Kampala to bring about positive change.

During your time with SWB you will be a teacher of the game of soccer, and of many other activities large and small, as well as the larger life lessons that arise along the way. For every skill or lesson taught, we hope and expect that you will learn one in return. Whether you learn to make matoke (a popular plantain dish) from scratch, learn a traditional song, or learn some words in Swahili or Luganda, take the time to absorb your surroundings, to get to know your hosts, and to understand this beautiful culture. We expect that you will not look at this community through the lens of poverty and pity, but try to shed your assumptions and build a reciprocal relationship with the people, learning as you teach.

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- 1) Mission, Vision and Values
- 2) Role of the Team Leader
- 3) Programming
- 4) Daily life

Our Mission:

“SWB uses soccer as a vehicle for positive change, providing under-served youth with a toolkit to overcome obstacles to growth, inclusion, and personal success.”



VISION and VALUES:

Our Vision- Soccer Without Borders provides all youth program participants the opportunity to realize their inherent potential. It is the goal of every site to create a sustainable life skills curriculum that directly meets the most pressing needs of that community while setting relevant, tangible, and achievable goals for participants. SWB creates safe and supportive team environments through which participants build friendships, community connections, and powerful mentor/mentee relationships.

Our Values- Soccer Without Borders understands and embraces **Positive Youth Development** (PYD) theory. PYD concepts are built on the idea that every young person has the potential for successful, healthy development and the belief that all youth possess the capacity for positive development. Toward this end, SWB maintains three core values to guide our work:

Focus on the Whole Person: SWB believes in a whole-person approach. Our programs help young people come into a greater understanding of their bodies, minds, and voices, creating avenues toward individual growth, new opportunities, and the achievement of personal goals.

Authenticity: Soccer Without Borders gives voice and value to the ideas of local leaders. In addition to imported human, physical, and intellectual resources, SWB mobilizes local expertise, empowering and employing resident experts to educate from within the community. To ensure programming is authentic and responsive to local needs, SWB implements a three-step process. Every SWB program is devoted to this process:



Nick Dreher, Team Leader 2011-2012

Engage youth and their communities through soccer teams.

Collaborate with youth, families, schools, and community leaders to identify obstacles facing youth.

Realize consistent on and off field programming that supports youth to overcome these obstacles.

Process-oriented: SWB believes that the process is often more important than the outcome. SWB leadership, participants and families commit to uphold process-oriented values that create a culture of acceptance, an inclusive environment, and supported progress toward goals. These values are:

The inherent potential and gifts of all young people
Honesty and authenticity in speech and action
All learners as teachers and all teachers as learners
Openness to all perspectives, voices and people
Project sustainability

ROLE OF THE TEAM LEADER:

As the primary liaisons between SWB USA and SWB Kampala, Team Leaders carry a lot of responsibility for the implementation and success of the year-round programming. The role of interns within the staff as a whole could be compared to that of a “captain.” In some ways you are equal to and should become friends with the local staff, while in other ways you are responsible for reporting to and enforcing the rules and decisions of the US Project team. The ability to navigate this balance is a critical part of life as an intern.

The ideal Uganda Team Leader is:

- flexible and open-minded
- self-motivated and able to work with minimal in-person oversight
- passionate about the SWB mission and committed to youth development through sport
- confident in front of a group, both on the field and off
- understanding of the game of soccer and has a basic coaching ability
- friendly, outgoing, and low-maintenance

Specific responsibilities include:

- Regular communication with SWB USA
- Planning, designing, and implementation of regular programming, soccer and non-soccer, including workshops, team-building, and civic engagement activities
- Management of local staff and collaboration with local staff, 4 coaches ages 19-30
- Administration of project finances
- Maintenance of local SWB office space
- Monitoring and evaluation of project activities
- Investment in engaging in and understanding of local culture, customs, language, and traditions
- Hosting and training short-term volunteers, and coordinating the logistics of their stay
- Coordination of special events
- Other duties as assigned by SWB USA project team



Travis Dezendorf, Team Leader 2011-2012



Courtney, Adam & Heather - Team Leaders 2010-2011

Team Leader Time commitment-

July 10-15, 2012- Team Leader Training in Boston, MA

July 15-January 15, 2013- Fall season in Kampala*

January 7-11, 2013 – Kampala Soccer Camp

January 15 – February 8, 2013–Break – Travel or return to U.S.

February 11-June 22, 2013- Spring season in Kampala

June 22, 2013- Return to US

PROGRAMMING:

In Kampala and the nearby community of Ndejje, SWB Uganda runs two programs that serve refugees that have fled conflicts in the Democratic Republic of Congo, Rwanda and Burundi. As the conflict and humanitarian crises continues to grow in the Eastern part of the Democratic Republic of Congo, an increasing number of refugees have made their way to Uganda's capital Kampala. The increased numbers place an even greater strain on already scarce resources available to these people, and make programs that offer consistent opportunities for positive engagement that much more vital.



Though the schedule has changed over time and is subject to change in the future, this is the current weekly schedule with all the interns engagements:

Monday – Nsambya (Kampala)

8:00am – 10:00am

English classes offered for adults and children (Level I and II)

Training for U18 Men's Team

10:30am – 11:30am

Classroom sessions teaching life skills to Nsambya youth at SWB Youth Center

11:30am – 1:00pm

Training (including skills & scrimmage) with Nsambya youth (U8 – U14 boys & girls)

1:30pm – 3:00pm

Weekly meeting with local staff

Tuesday- Nsambya (Kampala)

8:00am – 10:00am

English classes offered for adults and children (Level I and II)

Training for U18 Men's Team

10:30am – 11:30am

Classroom sessions teaching life skills to Nsambya youth at SWB Youth Center

11:30am – 1:00pm

Training (including skills & scrimmage) with Nsambya youth (U8 – U14 boys & girls)

Wednesday – Ndejje

8:30am – 9:30am: Teaching Life Skills at Hope School, Class with P3

9:30am – 10:30am: Class with P6 & P7

10:30am – 11:00am: Break

11:00am – 12:00pm: Class with P5

12:00pm – 1:00pm: Class with P4

4:00pm – 5:00pm: Center Hours at Ndejje Youth Center (Drawing, games, reading for Hope School students)



SWB Kampala Coaches and Interns, Summer 2011

Thursday- Nsambya (Kampala)

8:00am – 10:00am

English classes offered for adults and children (Level I and II)

Training for U18 Men’s Team

10:30am – 11:30am

Classroom sessions teaching life skills to Nsambya youth and SWB Youth Center

11:30am – 1:00pm

Training (including skills & scrimmage) with Nsambya youth (U8 – U14 boys & girls)



Friday – OFF

Saturday – Ndejje

1:00pm – 3:00pm

Training in Ndejje for Hope School students and other Ndejje youth

Sunday – SWB Kampala league – game day!



DAILY LIFE:

Location- Kampala is Uganda’s capital city, and is located 30 minutes away from the international airport in the city of Entebbe. Nsambya, where the interns live and the program is based, is a neighborhood in Kampala. Nsambya has some larger houses and some very small informal houses. Kampala is largely regarded as the safest capital city in Africa. It is a fast-paced bustling place with heavy traffic in the downtown areas. Kampala is also a very comopolitan city, boasting large populations from India, Ethiopia,

Somalia and the Democratic Republic of Congo. Most services and amenities can be found in Kampala. Luganda is the primary language in Kampala, however, most people are fluent in English. While safety is not a huge concern although being aware of your belongings and surroundings, is recommended. Walking alone at night is strongly discouraged. Kampala does not have drinkable tap water, though your housing will have running water and indoor plumbing.

Health- There are several required vaccinations for travel to Uganda. It is important that you check with your doctor before your trip. These websites also provide important information about recommended health precautions:

<http://www.who.int/countries/uga/en/>
www.mdtravelhealth.com



Interns stay in this secure compound in Nsambya

Kampala has several clinics and a hospital near by your residence in Nsambya, in addition to regular pharmacies. We recommend that you purchase travel medical insurance as well, depending on the international coverage of your existing plan.

Finances- Nsambya is a fairly cheap place to live, with the Uganda Shilling exchanged at a rate of about 2400:1 dollar. Depending on your choices, you can minimize the cost of your trip. In Kampala there are a fair number of ex-pats and travelers, some of which own businesses. For the benefit of your experience and for the perception of SWB in Nsambya, we recommend and encourage you to live as locally as possible.



A sample budget for your year abroad not including personal travel is:

<i>Food</i>	\$50-\$70/week = \$2,350-\$3,390
<i>Transportation and visa</i>	\$1800 (for one flight)
<i>Housing</i>	\$80/month = \$880
<i>Cell phone/phone calls (subsidized by SWB)</i>	\$120
<i>Travel health insurance</i>	\$40/month = \$440
<i>Emergency/Other</i>	\$100/month = \$1100
Total	\$6,690-\$7,730

You will need to fundraise or pay your flight and first six months of housing costs, a minimum of \$2000, by July 1, 2012 .

Please note that some costs cannot be covered by tax-deductible fundraising! We recommend that you earn or bring additional funds, **estimated \$100/month**, that you can use for non-SWB travel, entertainment, gifts, and tourist activities.

Travel/Vacation- While you are permitted to travel outside of Kampala, it is expected that you will attend all of the programmed events, unless you notify SWB USA with sufficient notice.

THANK YOU FOR YOUR INTEREST IN A BECOMING A SOCCER WITHOUT BORDERS TEAM LEADER!