

# FAMILY Framework

<b>Facilitation</b> <i>Refers to coach demeanor and approach</i>	<b>Activity</b> <i>Refers to key practice elements and how they are implemented</i>	<b>Management</b> <i>Refers to the coordination of the practice session to make it happen safely</i>	<b>Identity</b> <i>Refers to fostering individual identities as well as team identity</i>	<b>Learning</b> <i>Refers to teaching through the game and about the game</i>	<b>Youth-centered space</b> <i>Refers to putting youth and their voices first</i>
<b>Energy-</b> Models positive, high energy throughout the session.	<b>Purpose-</b> Session has a purpose with clear goals that are communicated to youth.	<b>Arrivals-</b> Coach arrives and sets up prior to the arrival of the kids (20-30 minutes).	<b>Greeting-</b> Greets all youth joyfully by name as they arrive.	<b>Scaffolding-</b> Coach defines difficult words and concepts by breaking them down into smaller, more understandable chunks.	<b>Individualized-</b> Coach is familiar with the backgrounds of each youth and uses this information to check in about their daily lives.
<b>Opening circle-</b> Opening circle is dynamic, invites youth to speak, gives overview of the session, and recognizes any new participants.	<b>Design-</b> Session has a logical progression and connects to your purpose, and adjustments are made in-session as needed.	<b>Content-</b> Practice plan is created and sent to assistants by the morning of the session.	<b>Welcoming-</b> New participants are formally welcomed and appreciated.	<b>Skill Development-</b> At least 15 minutes dedicated to teaching, with 3-5 clear coaching points.	<b>Youth Languages-</b> Coach knows a few words from participants' languages to make them feel supported/included and willing to try English.
<b>Co-coaching-</b> Volunteers or assistants are given an active role and included in the coaching process to assist the head coach.	<b>Safety-</b> Area is physically safe and free of major distractions as much as possible.	<b>Communication-</b> Coach ensures that all program participants are aware of the time, location, and any transportation provided to a session.	<b>Marks-</b> Soccer Without Borders is displayed in some way at the field, either through coaches shirts or a banner/sign.	<b>Skill Correction-</b> The skills/technique being taught are corrected by the coach throughout the session, limiting coaching points that fall outside of the purpose/theme being taught.	<b>Youth Leadership-</b> Coach gives youth space to lead portions of practice, for more veteran youth to support newer youth and recognizes these efforts
<b>Modeling-</b> Coach physically demonstrates/models all skills while also explaining them in clear English.	<b>Set-up Instructions-</b> Gives clear and specific instructions and explanations of the rules, set-up, space, equipment.	<b>Equipment-</b> Equipment needed for the practice plan is prepared, taking other teams and space into account. No equipment is lost during the session; it is returned to the proper storage place.	<b>Rules-</b> Participants know and name the SWB rules- Respect, Try Everything, Have Fun, Practice English, Safe Space.	<b>Vocabulary-</b> New or difficult words are introduced and defined	<b>Youth Voice-</b> There are frequent opportunities throughout the practice for youth to share ideas, comments, or learnings with their teammates, either in partners, small groups or the whole team.
<b>Transitions-</b> Manages the flow of the session, ensuring that the team progresses along in the activities.	<b>Spacing-</b> Drills and games have appropriate field sizes for age/talent, and adjustments are made as needed.	<b>Attendance-</b> All participants who attend are marked as on time or late using Trax Solutions.	<b>Speaking 1-1-</b> Every participant has the chance to speak 1-1 during the session	<b>Asking questions-</b> Coach uses questions in teaching, varying question types/styles/difficulty levels to make them accessible.	<b>Safe Space-</b> Coach creates a space where youth feel comfortable expressing themselves
<b>Grouping-</b> Strategies are used to ensure that youth meet new people, cliques are separated, English levels are balanced, and skill-level is considered.	<b>Fitness-</b> Participants are physically active for at least 60 minutes during the session.	<b>Dress code-</b> Coach dresses appropriately to facilitate the session with sports clothing, sneakers or soccer shoes, and no sunglasses. When possible, wears an SWB shirt.	<b>Encourage-</b> Coach encourages participants positively to speak in English, interact with teammates, learn names, etc.	<b>Openness-</b> Coach is open to youth feedback throughout the session and makes adjustments as necessary	<b>Behavior Management-</b> Clear consequences exist for youth and are enforced by coaches.
<b>Empathy-</b> Coach models empathy, maintaining patience regardless of what the kids bring to the field or what has happened in your personal life.	<b>Inclusive-</b> There are opportunities for all youth to experience success during practice regardless of soccer and athletic ability level.ves.	<b>New participants-</b> Contact information is collected for new participants. A time is set with new participants to follow up/fill out registration paperwork/intake survey.	<b>Recognition-</b> Youth and coaches are familiar with and utilize a recognition ritual to acknowledge success (ex: shoutouts, positivity points)	<b>Debrief-</b> Coach encourages participants to summarize the lesson or goal of the practice, including repeating back coaching points.	<b>Restorative Approach-</b> Conflicts are managed using restorative questions.
<b>Feedback-</b> Gives positive and constructive feedback and is conscious of equity.	<b>Consistent-</b> Coach uses consistent routines such as warm-ups, cool-downs, stretch circles, equipment pick-ups, etc.	<b>Safeguarding-</b> Coach has all registration/medical/emergency information on hand, an accessible first aid kit, and an emergency plan for serious medical situations.	<b>Cheer-</b> The session concludes with a team cheer or celebration.	<b>Self-Regulation-</b> Coach teaches and uses individual techniques to help participants identify and manage their emotions (ex- personal high five routines, individual warm-ups, opt-out/opt-in, on-deck circles).	<b>Follow-up-</b> Coach follows up with new participants after each of their first few practices to check-in on their experience.

<p><b>Closing circle-</b> Circle wraps up the session, revisits important lessons, gives recognition, and clear instructions for the next meeting time (day, time, location, transportation, equipment needs).</p>	<p><b>Team building-</b> The session includes a specific team-building activity or game.</p>	<p><b>Departures-</b> Coach ensures every participant has a safe way home and doesn't leave field until all participants have departed.</p>		<p><b>Differentiation-</b> Coach varies activities based on language level, soccer ability, etc.</p>	<p><b>Fun-</b> Youth are smiling and enjoying themselves.</p>
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