

# SOCIAL IMPACT CHALLENGE

## week 1: local community building

When addressing a challenge so large and overwhelming as the Global COVID19 Pandemic, it's smart to start small and local.

That's why the first **Social Impact Challenge** focuses on supporting our local community: your family, friends, and neighbors. Social distancing does not and should not have to mean losing connections with those around you; in fact, right now is an unique opportunity to strengthen or create new connections with the people in our own community. This week's **Social Impact Challenge** encourages us to support those who are most vulnerable, appreciate those working to keep us safe, and foster belonging and connection even when we have to be physically apart.

### A



Cook a healthy meal for your family or lead a workout for your family & send a picture of your meal or your workout plan to your teammates.



### B



Write & send a thank you note to frontline workers in your community (trash collection teams, postal officers, grocery store staff, nurses, or doctors). Send a picture of your note to your coach.



### C



Write a profile of a local leader in your community who inspires you to give back. Send the profile to the local leader, share your chosen local leader with your teammates, & take a picture of your profile to send to your coach.

